Safer Nail Products

3 Chemicals of Major Concern in Nail Polishes

Toluene
May cause headaches, cracked skin, itchy eyes, irritated throat, and reproductive problems.

Dibutyl Phthalate (DBP)
Can cause problems with producing testosterone in male fetus during pregnancy. It has been banned from cosmetics in Europe.

Formaldehyde
Can cause watery eyes, problems breathing, and trigger asthma attacks. It is a carcinogen.

Source: The California Healthy Nail Salon Collaborative