

Safer Nail Products

Department of Toxic Substances Control

3 Chemicals of Major Concern in Nail Polishes

Toluene

May cause headaches, cracked skin, itchy eyes, irritated throat, and reproductive problems.

Dibutyl Phthalate (DBP)

Can cause problems with producing testosterone in male fetus during pregnancy. It has been banned from cosmetics in Europe.

Formaldehyde

Can cause watery eyes, problems breathing, and trigger asthma attacks. It is a carcinogen.



Source: The California Healthy Nail Salon Collaborative